

# Bugaboos Trip Information



## ROAM AMONG SPIRES

Nestled among world-famous Bugaboo spires, the historic Bugaboo Lodge is masterfully updated with modern comforts and boasts some of North America's most staggering views.

The Bugaboos have captivated mountain lovers since the days of Austrian mountain pioneer Conrad Kain, whose namesake glacier is just one of many incredible highlights. Hike above deep valleys in the shadows of towering granite titans, where massive icefields, glacial lakes, and panoramic cirques will fill your days with wonder and amazement.

Hike among swirling glaciers and theatrical spires or raise your adrenaline on a thrilling via Ferrata. Your guides will plan each day's excursions according to your preferred activity types and ability. Any way you experience the Bugaboos, they'll stay with you forever. See some of the experiences here to make your trip unforgettable. Every day promises amazing new adventures you won't find anywhere else.

### About the Bugaboo Lodge

Welcome to your historical headquarters in the famed Bugaboos. Perched at 1,490m (4,888 ft), our 32-room log-hewn lodge at the base of Bugaboo Glacier is enshrined as the birthplace of the heli-skiing industry. With mind-blowing scenery that's captivated mountaineers for over a century, history abounds here – and so do modern comforts. Inspired cuisine, deluxe accommodations, full-service amenities, and one of the best hot tub views on the planet make Bugaboo Lodge the perfect alpine escape.

### What's Included

**Accommodation:** Double occupancy room featuring a full range of inviting on-site amenities.

**Food & Beverage:** Three meals per day; a chef-prepared breakfast and dinner with packed lunches for the field, après hiking snacks, and non-alcoholic beverages.

**Heli-Assisted Guided Adventure:** Professionally accredited guides will accompany you on your adventure, featuring heli flights into the mountains plus return flights to your lodge

**Equipment:** Use of hiking equipment, including boots, rain jackets, wind pants, day packs, and hiking poles. Some of our guests bring their own equipment – the choice is yours.

**Ground Transportation:** From Banff, Lake Louise, and Golden to the Bugaboos helipad and return to Golden, Lake Louise, Banff, and Calgary International Airport.



## Your 3-night stay at the Bugaboo Lodge.

### 3 NIGHT / 4 DAY ITINERARY

#### Arrival Day

**6.45 am** - Depart Banff to the helipad (Pickups included Banff, Lake Louise & Golden)

**9:30 am** - Arrive at the helipad for heli-transfer to Bugaboos Lodge.

**11:00 am** - Upon arrival, you'll be acquainted with the lodge and be able to settle into your room.

**11.30 am** Lunch 4-5 pm Return back to the lodge where you can enjoy apres adventure refreshments, a soak in the hot tub or a massage.

**7:00 pm** - Enjoy your first gourmet family-style dinner – staff will join you for the meal each evening.

#### Days 2 & 3

**7:30 am** - Wake up with a dynamic warm-up class.

**8:00 am** - Fuel Up with a hearty breakfast to start your day right. Pack your lunch for the day and get ready for your day of adventure through your choice of hiking or Via Ferrata.

**9:00 am** - First hiking group will fly into the mountains.

**Noon** - Lunch in the field.

**4-5:00 pm** - Return back to the lodge where you can enjoy après adventure refreshments, a soak in the hot tub, or a massage.

**7:00 pm** - Swap stories of your incredible mountain adventures as you enjoy a family-style dinner with your guides and staff.

#### Departure Day

**8:00 am** - Enjoy a hearty lodge breakfast before departing the lodge with your final heli-transfer.

**10:45 am** - Private coach transfer from helipad to Banff, Lake Louise, Golden, or Calgary Airport (YYC).

**1:00 pm** - Estimated arrival time in Banff.

**3:30 pm** - Anticipated arrival at Calgary International Airport (YYC). We recommend guests do not book flights until after 6 pm MT.

*\*Please note: Hiking schedule and lunchtimes may vary.*

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